



**Community
and Education Trust**
Registered Charity No: 1130773

SAFEGUARDING POLICY

CHILD FRIENDLY VERSION

The right to a childhood

The right to be fairly treated

The right to be educated

The right to be healthy

The right to be heard



What is safeguarding?

Preston North End FC has a safeguarding policy for staff, volunteers and families. This 'child friendly' policy is for young people and this should be read as a guide to the main policy.

What is it for?

To help you decide what could be a 'problem' and where to get help and support.



Is someone...

...bullying you?



Bullying hurts and no-one deserves to be a victim of bullying. Everybody has the right to be treated with respect. Individuals who are bullying need to learn different ways of behaving and understand how their words and actions can affect people.

You must tell someone at the club so we can help you.

Is someone...

...saying funny things to you.

Has someone said something to you, or have you heard something that you do not like or upsets you?

You must tell someone at the club so we can help you.



Is someone...

...touching you.



Has someone touched you on a part of your body like your bottom, chest or anywhere else you do not like?

You must tell someone at the club so we can help you.

Is someone...

...trying to give you tablets, cigarettes, drugs or alcohol.

Has someone asked you if you want a tablet, or to smoke a cigarette, or have a drink of something and you do not know what it is?



DO NOT EAT, DRINK OR SMOKE WHAT THEY ARE GIVING YOU.

You must tell someone at the club so we can help you.

Is someone...



DO NOT KEEP IT A SECRET!

...hitting, punching or smacking you.

Has someone hit, punched or smacked you or hurt you in anyway?

You must tell someone at the club so we can help you.

If in doubt, talk to someone.

There are many staff at Preston North End Football Club for you to talk to and they will support you.



The four main areas of child protection concerns are:

- 1. Physical Abuse** – hitting, smacking, shaking, throwing, burning, biting etc.
- 2. Sexual Abuse** – be aware this doesn't always mean actually touching a child. It could be someone making you watch things to do with sex, or encouraging you to act in an inappropriate way.
- 3. Neglect** – this means things like not providing meals or warmth or clothing. Or perhaps not taking you to the doctors when you need to go. There may be lots of different reasons why a child is neglected and it is really important that we know so we can help.
- 4. Emotional Abuse** – this means when someone continually upsets you or makes you feel bad. If someone in your family says horrible things to you all the time and makes you feel sad and worthless.

These are just a few examples for you and if you think you may have a problem that is similar to one of these then talk to a trusted adult – this could be someone at the club, or at your school.

How does Preston North End Football Club work to protect children and young people?

There are lots of different ways, but one of the main ways is making sure staff and volunteers here at the club know how to help keep you safe and also make sure you have someone to talk to if you need to.

Safeguarding and Child Protection mean the same thing and they mean that we look after children and young people and help keep them safe.



What are the next steps?

Sometimes a member of staff or volunteer at the club will need to check things with a Designated Safeguarding Officer and if they can deal with an issue themselves, they will.

There are times though when they may need to contact some other agencies for support. These may be Children's Social Care (Social Workers) or the Police.

There are lots of agencies who support children and their families as well.

The Designated Safeguarding Officer will talk to you and explain all of this and you can always go and ask them questions if you are unsure about anything.

Designated Safeguarding Officers at Preston North End:

Zoe Hall (Senior Safeguarding Manager) – email: zoe@pne.com M: 07792149716

Carole Player (Club Designated Safeguarding Officer) – email: carole.player@pne.com
M: 07557181094

Philip Brown (Academy) – phil@pne.com

Rebecca Robertson (Community & Education Trust) – email: rebecca@pne.com
M: 07769131446

Guy Nellany (Match Day) – guy@pne.com

If you need help and you are not at the club or school here are some useful numbers and websites for you:

NSPCC (National Society for the prevention of cruelty to children)

<https://www.nspcc.org.uk/>

Tel: 0808 800 5000

ChildLine

<https://www.childline.org.uk/>

Tel: 0800 1111



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This policy has been approved and put in place by the board of PNEFC which includes the Academy and PNECET.

The policy will be reviewed by the board in January 2025, unless any new legislation comes into place prior.

Name: Thomas Drake

Signed: 

Position: Chief Executive Officer